



Super D3

DESCRIPTION

Super D3, from Medical Wellness Associates, contains 5,000 I.U. of natural vitamin D₃ per tablet.

FUNCTIONS

Orally, vitamin D is used for preventing osteoporosis, muscle weakness, enhancing immune function, preventing autoimmune diseases, multiple sclerosis, rheumatoid arthritis, chronic obstructive pulmonary disease (COPD), asthma, bronchitis, and cancer. It is also used orally for rickets, premenstrual syndrome (PMS), preventing falls and fractures in people at risk for osteoporosis, corticosteroid-induced osteoporosis, osteomalacia, anticonvulsant-induced osteomalacia, renal osteodystrophy, osteitis fibrosa in people on dialysis, hepatic osteodystrophy, and osteogenesis imperfecta. Vitamin D is also used for preventing and treating hypocalcemia and tetany in premature infants' bone disorders in people with familial hypophosphatemia, hypophosphatemia associated with Fanconi syndrome, and hypocalcemia associated with postoperative or idiopathic hypoparathyroidism or pseudohypoparathyroidism. Other uses include plaque-type psoriasis, actinic keratosis, lupus vulgaris, squamous cell carcinomas, vitiligo, scleroderma, myelodysplastic syndrome, periodontal disease, hypertension, hyperlipidemia, cardiovascular disease, obesity, and diabetes. Vitamin D is also used orally to treat severe proximal myopathy associated with vitamin D deficiency or myopathy associated with the use of HMG-CoA reductase inhibitors (statin-induced myopathy), and to maintain bone density in prostatic cancer patients at risk for osteoporosis when treated with luteinizing hormone-releasing hormone analogue (LHRH-a).

INDICATIONS

Super D3 may be a useful dietary supplement for those who wish to increase their daily D intake.

FORMULA (#200562)

Each tablet contains:

Vitamin D₃ 5000 IU

SUGGESTED USE

One tablet daily or as directed by physician.

SIDE EFFECTS

No adverse side effects have been reported.

STORAGE

Store in a cool, dry place, away from direct light. Keep out of reach of children

REFERENCES

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- Recker RR, Davies KM, Dowd RM, Heaney RP. The effect of low-dose continuous estrogen and progesterone therapy with calcium and vitamin D on bone in elderly women. A randomized, controlled trial. *Ann Intern Med.* 1999 Jun 1;130(11):897-904.
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- Stallings VA. Calcium and bone health in children: a review. *Am J Ther.* 1997 Jul-Aug;4(7-8):259-73.
- Swaminathan R. Nutritional factors in osteoporosis. *Int J Clin Pract.* 1999 Oct-Nov;53(7):540-8. 22.

**These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.**

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