



# Pregnenolone SL

## 5 mg. Sublingual

### DESCRIPTION

Pregnenolone SL 5 mg. Sublingual tablets, available from Medical Wellness Associates, contain highest purity pregnenolone and are produced under strict pharmaceutical standards.

### FUNCTIONS

Pregnenolone is often referred to as the grandparent precursor to steroid hormones in mammals. Pregnenolone is synthesized from cholesterol in the mitochondria of adrenal glands. Pregnenolone is also made to lesser extent in the brain, liver, skin, testes, and ovaries.

Once synthesized, pregnenolone is released from the mitochondria into the cytosol where it can be converted to DHEA (dehydroepiandrosterone) or to progesterone. DHEA serves as a precursor through androstenedione as the intermediate compound. Progesterone is the precursor to cortisol, aldosterone, androstenedione, estrogen, and testosterone.

Pregnenolone may also be secreted directly into the blood where it circulates primarily as the sulfated form. Pregnenolone has many actions of its own not attributable to its conversion to progesterone or to DHEA. Recent studies show that pregnenolone is important for the function of brain, nervous tissue, liver, pancreas, reproductive tissues, pituitary, and skin. Pregnenolone is found in higher concentrations in the central nervous system compared to the peripheral tissues which may reflect its importance in brain function.

As with many hormones, pregnenolone production declines with age. It is estimated that pregnenolone production is about 60% less at age of 75 than at age 35. Pregnenolone levels may also decline under

various conditions of physiological stress, such as acute and chronic infections and trauma.

### INDICATIONS

Pregnenolone SL tablets may be a useful nutritional supplement for individuals who wish to support the body's normal pregnenolone functions.

### FORMULA

Each 5 mg. sublingual tablet contains:  
Pregnenolone.....5 mg.

*This product contains NO yeast, wheat gluten, soy protein, milk/dairy, corn, sodium, sugar, starch, artificial coloring, preservatives, or flavoring.*

### SUGGESTED USE

Adults take 1 tablet daily or as directed by your healthcare professional.

### PRECAUTIONS

Pregnant and lactating women should consult a physician before using this product.

### SIDE EFFECTS

No significant side effects have been reported.

### HOW SUPPLIED

Supplied in bottles of 60 sublingual tablets.

### STORAGE

Store in a cool, dry place, away from direct light. Keep out of the reach of children. Do not refrigerate. Pregnenolone is very stable and maintains potency under normal storage conditions.

*(continue on reverse)*

**These statements have not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure, or prevent disease.**

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