



Product Information

Potassium (citrate)

DESCRIPTION

Potassium provides support for numerous physiological functions, including nerve function, nutrient metabolism, bone health, muscle function and cardiovascular health.

FUNCTIONS

Cardiovascular Support: Potassium plays a critical role in the transmission of electrical impulses in the heart and supports healthy blood flow. Potassium also plays important roles in muscle function, mood, cranial vessel comfort and maintaining acid/alkaline balance.

Bone Health: Potassium supports alkaline balance, bone cell function and bone mineralization in part by supporting calcium absorption and healthy bone resorption. In one randomized, double blind trial with postmenopausal women potassium citrate supported healthy bone composition of the neck, vertebrae and hip.

SOURCE

Potassium is from the lime of rock. Aspartate is synthetic. Citrate is derived from corn dextrose fermentation. Ascorbyl palmitate is derived from corn dextrose fermentation and palm oil. Hypo-

allergenic plant fiber is derived from pine cellulose.

RECOMMENDATIONS

Adults take 2 capsules per day, in divided doses, with meals.

SIDE EFFECTS

If pregnant or lactating, consult your physician before taking this product. Potassium can cause GI upset, nausea, diarrhea or vomiting in sensitive individuals. Consult your physician for more information.

DRUG INTERACTIONS

Individuals taking ACE inhibitors, angiotensin receptor blockers or potassium-sparing diuretics may require monitoring of potassium levels. Consult your physician for more information.

FORMULA

Each vegetable capsule contains:

Potassium (aspartate).....	99 mg
Vitamin C (as ascorbyl palmitate).....	11 mg
<small>(hypo-allergenic plant fiber added to complete capsule volume requirement)</small>	

**These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.**

Medical Wellness Associates
6402 Route 30
Jeannette, PA 15644
1-800-834-4325

www.vitamincoach.com

Like us on Facebook!

