



Product Information

Lutein 20 mg.

DESCRIPTION

Lutein is a carotenoid found in a vast number of fruits and vegetables. Pure Encapsulations free-form Lutein is structurally similar to the lutein found naturally in spinach and other leafy greens, providing optimal support for macular health and antioxidant support for the retina.*

FUNCTIONS

Healthy Visual Function: Like other carotenoids, lutein has antioxidant activity in various tissues, but is only one of two that is stored within the retina where it promotes the integrity and density of the macular pigment, a key component of ocular health. Multiple clinical studies suggest a direct relationship between lutein supplementation and macula lutein concentration. Lutein uptake reportedly occurs in the receptor layer of the eye via a soluble carotenoid-binding protein called tubulin. Clinical trials have indicated that lutein specifically supports vision health through a combination of pigment associated antioxidant protection and light screening mechanisms. Furthermore, a two-year, double-blind, placebo-controlled pilot study reported that lutein

may support healthy visual function in older individuals more efficiently than alpha tocopherol.*

SOURCE

Lutein is sourced from FloraGLO® brand, which is derived from marigold flower extract. Vitamin E (mixed tocopherols) is derived from soybean oil.

†† is a registered trademark of Kemin Industries, Inc.

RECOMMENDATIONS

Pure Encapsulations recommends 1-2 capsules per day, with meals.

SIDE EFFECTS

At this time, there are no known side effects or precautions. If pregnant or lactating, consult your physician before taking this product.

DRUG INTERACTIONS

At this time, there are no known adverse reactions when taken in conjunction with medications.

FORMULA

each softgel capsule contains

Lutein.....20 mg

Vitamin E (mixed tocopherols).....1 i.u.

other ingredients: safflower oil, beeswax, gelatin capsule

**These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.**

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