



# Fungal Arrest

## DESCRIPTION

Fungal Arrest, available from Medical Wellness Associates, contains plant-based nutrients that have important immune enhancing and healthy microbial supportive properties. Each capsule contains grapefruit seed and olive leaf extracts, along with the supportive nutrients of berberine, burdock, golden seal, and black walnut.

## FUNCTIONS

In healthy people, the intestinal microflora consists of balanced amounts of symbiotic microorganisms, providing nutritional benefits to the host. This balance depends on our dietary habits and can easily be disturbed by unhealthy diets or drugs, such as antibiotics. Under these conditions, opportunistic microorganisms, such as the fungus *Candida albicans*, can colonize various body parts including the small and large intestine. If harmful microorganisms proliferate, the equilibrium is disturbed, and it becomes difficult even for indigenous bacteria to maintain their necessary territory. Herbs and other natural food components may help to support the body in maintaining a healthy microbial balance.† Grapefruit seed extract (GSE) is known to have beneficial support in maintaining a balanced equilibrium within the body. Data have shown GSE to have supportive properties against a wide range of potentially unwanted organisms. The olive tree (*Olea europaea*) contains a major class of polyphenols. These polyphenols, including oleuropein and derivatives, may provide protection against certain microorganisms. Studies have demonstrated oleuropein's growth inhibition of undesirable microorganisms as well as its important roles in cardiovascular health. Berberine, a natural isoquinoline alkaloid found in many medicinal herbs with a history of usage in Ayurvedic and Chinese medicine dating back approximately 3,000 years, has shown to help maintain a healthy microbial balance.† Burdock has been used for centuries for detoxification support. Black Walnut has traditionally been used to support the body's normal defense against parasites. Goldenseal has unique properties for microbial balance as well immune-supportive functions. †

## INDICATIONS

Fungal Arrest capsules may be a useful dietary supplement for those who wish to support and protect their immune and gastrointestinal function.†

## FORMULA (#200803)

Four Vegetarian Capsules Contain:

Grapefruit Seed Extract.....	270 mg
(45% total flavonoids)	
Olive Leaf	
Extract.....	120 mg
(standardized to 20% Oleuropein)	
Berberine HCl.....	400 mg
Burdock (root).....	120 mg
Goldenseal (root).....	600 mg
Black Walnut Hull Powder.....	200 mg

## SUGGESTED USE

Adults take 2 capsules twice daily with meals or as directed by physician.

## SIDE EFFECTS

Those taking statin drugs, Warfarin (coumadin), and other grapefruit interacting drugs should be cautious, as grapefruit may interfere with drug metabolism. Pregnant woman should avoid this product.

## STORAGE

Store in a cool, dry place, away from direct light. Keep out of reach of children.

## REFERENCES

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† **These statements have not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure, or prevent any disease.**

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